6 Protective Factors

Parental Resilience

Parents who can cope with the stresses of everyday life, as well as an occasional crisis are better able to care for their children.

Nurturing & Attachment

Children who receive affection and nurturing from a consistent caregiver have the best chance of growing up to be happy, healthy and productive.

Concrete Support

Families who can meet their own basic needs and who know how to access essential services are better able to ensure the well-being of their children.

Social and Emotional Competence in Children

Children thrive when they develop the ability to communicate clearly, recognize and regulate their emotions and establish and maintain relationships.

Social Connections

The ability and opportunity to develop positive relationships that lessen stress and isolation and help to build a supportive network is important for parents and children.

Knowledge of Parenting and Child Development

Children do best when parents have the ability to exercise effective parenting strategies to guide and know what to expect as children develop.

Goodhue County
Child & Family Collaborative
Strong Families. Resilient Children.